

RECOGNIZING MALNUTRITION
AWARENESS WEEK

HON. JOYCE BEATTY

OF OHIO

IN THE HOUSE OF REPRESENTATIVES

Tuesday, September 29, 2015

Mrs. BEATTY. Mr. Speaker, this week, September 28, 2015 through October 2nd, has been designated as Malnutrition Awareness Week.

Malnutrition is a problem for millions of Americans nationwide, including in my home state of Ohio, and is often ignored in the deliverance of healthcare.

We should recognize this critical, yet often unseen epidemic in our country, and fight to eliminate it.

Hunger, obesity, and food insecurity all contribute to malnourishment in our country and disproportionately affects senior citizens and low-income families.

In fact, patients with malnutrition have been shown to potentially suffer longer hospital stays, have slower healing times, and be at greater risk for re-hospitalizations and complications.

Focusing on malnutrition care will help yield transformative policies for patient-centered medical care and make a meaningful difference in the lives of our nation's older adults.

Additionally, systematic malnutrition screenings, assessments, and appropriate interventions for older adults are often not ac-

cessible, but could be vital to leading healthier lives, and result in health care cost savings.

We cannot afford to ignore such low-cost solutions.

That is why I, along with Congresswoman MARCIA FUDGE, sent a letter to the Centers for Medicare and Medicaid Services (CMS) urging improved incorporation of nutrition into programs and improvement in patient care and outcomes.

This week, let's have a call to action to increase awareness and find solutions that better support the healthy aging of all senior citizens and the health of vulnerable families through focusing on eliminating malnutrition in our country.

Healthy citizens mean a healthy society, economy, and future of our country.

HONORING CHERIE STEPHENS

HON. JOHN GARAMENDI

OF CALIFORNIA

IN THE HOUSE OF REPRESENTATIVES

Tuesday, September 29, 2015

Mr. GARAMENDI. Mr. Speaker, I rise today to recognize the work of Cherie Stephens a community volunteer and one of my district's 2015 Woman of the year.

Whereas, on the Twenty-Second Day of September, of the Year Two Thousand and Fifteen, Cherie Stephens was recognized as a 2015 Woman of the year.

Whereas, Founder and Chair of the Yuba City Walk for Alzheimer's, Cherie Stephens

has helped to raise more than \$68,000 since its inception in 2013 and is on a personal mission to raise an additional \$48,000 by the end of this year.

Whereas, as President of the Yuba City-Marysville Soroptimists, Cherie helped to expand and grow the Girls on the Run program with the goal to unleash confidence in young women while establishing a lifetime appreciation for health and fitness as tomorrow's leaders. Utilizing last Fall's fundraising dollars, Soroptimists recently completed a beautiful bathroom remodel at the Salvation Army Depot Family Crisis Center, a project intended to instill a sense of dignity and self-confidence for the women housed there.

Whereas, Cherie is co-owner of Stephens Farmhouse where in addition to baking pies, making jams, and tending to the storefront, she offers an educational program to local students called 'Kids in the Kitchen'. Cherie is a California Women in Agriculture Member and past member of several organizations including the CA State Fair Board, Prune Festival, St. Isidore's Parent Club, and Farm Day.

Whereas, despite the rigors of running and growing a successful business, Cherie manages to balance marriage, family, community service, and philanthropy with exceptionally good humor. She is a living example of what is possible for us all.

Resolved, That I Congressman JOHN GARAMENDI of California's Third Congressional District, do hereby recognize and celebrate the accomplishments of Cherie Stephens.